

# PRECISIONTx™ HYPERHIDROSIS LASER ABLATION.

## Is there any downtime?

No. Patients can carry on with their normal activities and sexual activity immediately after treatment. Some may experience minor discomfort for a few days or weeks. Tylenol® is sufficient for any discomfort. We suggest avoiding hot tubs and vigorous exercise for 24-48 hours after treatment.

## How long does the treatment take?

On average, the procedure itself takes about 1-2 hours, but there is some additional time before and after for preparation and for numbing the area. You can expect to be with us for about 2.5 hours total on the day of your procedure.

## Do I need continuous treatment?

No. Most often, 1 treatment will lead to long-term reduction of sweating without the need for further treatment.

## Is the treatment painful?

No, the treatment area is fully anesthetized with local numbing. Patients should feel no pain during treatment. After treatment, you will experience only a little discomfort while the area heals.

## Don't I need those sweat glands?

Only 2% of the body's sweat glands are found in the axilla (underarms). The laser destroys some of those sweat glands only in the underarm area. You are left with 98% or so of your fully functional sweat glands and will perspire

## Is it safe?

Yes! This is an FDA cleared technology, developed in Europe and used worldwide.

## Is PrecisionTx covered by insurance?

Insurance does not cover the cost of PrecisionTx. Other hyperhidrosis treatments are not covered by any health insurance plans, either. We do accept CareCredit® financing and major credit cards.

## Cost of PrecisionTx Hyperhidrosis Laser Ablation: Underarm laser sweat gland ablation:

\$2500

PrecisionTx treatment for hyperhidrosis is usually a 1 time treatment. This procedure offers more permanent reduction of excessive sweating than other treatments that require continuous re-treatment, such as Dysport® and Botox® injections. PrecisionTx is often more affordable than other permanent solutions, such as MiraDry® which may require multiple treatments to be effective.

## Payment Options

Payment is required to reserve your appointment time. We accept cash, check, all major credit cards, health savings cards, and CareCredit®.



Richard L. Bloy, MD FACOG  
Fort Myers & Naples | 239.561.9191  
[ContemporaryHealthCenter.com](http://ContemporaryHealthCenter.com)



- Drug Free
- Permanent
- Safe
- In Office
- Effective

11/6/2020

**REFER A FRIEND. EARN A \$50 CREDIT.  
USE IT ON ANYTHING WE OFFER!**

Excessive sweating, hyperhidrosis, causes many women and men to feel self-conscious and uncomfortable in social and professional situations, prohibits wearing certain clothing, requires frequent clothing changes during their day, and is just plain embarrassing.

**PrecisionTx™ is a 1 time, highly effective treatment that can permanently end or reduce excessive sweating.**

### What is hyperhidrosis?

Everyone sweats. It is normal and healthy. Hyperhidrosis is when you sweat a lot while inactive, in the cool air, or for no reason at all. Hyperhidrosis is when sweating has become excessive, interferes with daily living, causes embarrassment, and restricts your choices.

### Signs that your sweating may be hyperhidrosis:

- Sweating while indoors, inactive, and resting
- Sweating in cool air conditioning
- Having to change shirts during the day
- Avoiding certain colors or fabrics because they show your sweat
- Being uncomfortable hugging someone or raising your arms without checking for perspiration stains first
- Having to wipe/dry your underarms when wearing sleeveless clothing

### How does PrecisionTx work?

The procedure begins with fully numbing the area with local anesthesia (numbing). A PrecisionTx™ treatment involves the insertion of a very small cannula under the skin. Within the cannula is a SideLaze™ laser fiber which directs targeted and precise laser energy towards the sweat glands. The heat from the laser ablates the function of the sweat glands. The result is permanent and dramatic reduction of sweating. The incision sites are very small and are hidden under the arms, so scarring is not a cause for concern.



### What are my treatment options?

Treatment options include MiraDry, Botox injections every 6-9 months, surgery to remove the sweat glands, radio frequency microneedling, prescription antiperspirants, medications and no treatment.

### How does PrecisionTx Laser Sweat Gland Ablation differ from other treatments?

This treatment is most often need only 1 time to get the permanent sweat reduction you need.

### PrecisionTx versus other options:

- Prescription antiperspirants and medications tend to have bothersome or dangerous side effects and may or may not address your sweating issue.
- Microneedling with radio frequency requires multiple treatments and may not be as effective.
- Injections are costly and are required frequently.
- MiraDry often requires multiple treatments and uses the application of a thermal device on the outside of the underarms to destroy the glands - the body is left to possibly remove the damaged sweat gland tissue or not.

### Is PrecisionTx right for me?

Most men and women who suffer the social and professional discomfort that is caused by excessive sweating are good candidates. However, there are some that are not candidates for this therapy. Your provider will evaluate you during your consultation to determine if PrecisionTx is right for you.

### What areas can be treated with PrecisionTx?

PrecisionTx is used to end excessive sweat of the underarms – especially when it interferes with daily life, ruins clothing, limits clothing choices, and causes embarrassment.

### Benefits of PrecisionTx Sweat Gland Ablation:

- Less sweat almost immediately
- Offers proven clinical long-term results
- Local anesthesia only
- Virtually no downtime - faster healing
- 1-2 hour minimally invasive procedure
- Procedure is safely performed in our office
- More permanency than injectable neurotoxins
- 1 treatment delivers effective long-term results
- Remain dry and comfortable all day long without embarrassing underarm sweat
- Wear your favorite clothes confidently, trusting that they will remain sweat-free
- The PrecisionTx laser targets and destroys your overactive sweat glands without harming your skin

### When will I see results?

You may notice obvious sweat reduction almost immediately after your treatment. Full benefits, though, may take up to 12 weeks from your treatment.

### How long do the results last?

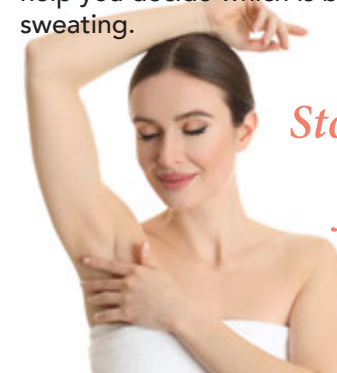
Sweat glands have been permanently destroyed by the laser. The results are long lasting.

### Is PrecisionTx Ablation effective?

Yes, clinical results show examples such as: 6 months after a single Precision Tx™ treatment quantitative calculations reported 78% sweat reduction in right axilla and 96% sweat reduction in the left axilla. After treatment, axillary perspiration could be controlled through a standard over the counter antiperspirant.

### How to Get Started

The first step is to schedule a consultation. We will discuss your condition, medical history and treatments you've tried. Then, we will review treatment options to help you decide which is best for your excessive sweating.



*Stop hyperhidrosis  
from interfering  
with your life!*