

## HOW TO BEGIN

Pellet therapy begins with a call to us. We will send you for a simple blood test. When your lab results are in, you will have a consultation with us, at which we will analyze your current testosterone levels & evaluate your symptoms.

If pellet therapy is prescribed, you can receive your pellet insertion in minutes! You'll be sent for a follow-up blood test to reevaluate your levels one month after your insertion to ensure optimal testosterone level is achieved.

## COST

Typically, pellet insertion is required for men every 5-6 months in order to maintain optimum testosterone levels and alleviate symptoms of deficiency. Insertion cost is \$725 for men, making it UNDER \$150 per month on average. Lab charges for the initial and follow-up blood tests are not included. Lab fees are paid to the lab you use and are usually covered by insurance.

The cost of pellet therapy, however, is typically not covered by insurance companies. Still, pellet therapy is the most efficient and cost-effective way to restore youthful testosterone levels and physiological function in men.

**\$50 OFF FIRST TIME PELLETTHERAPY**

**REFER A FRIEND. EARN A \$50 CREDIT.  
USE IT ON ANYTHING WE OFFER!**

## OUR COMMITMENT

At Men's Contemporary Health Center, Dr. Bloy and our practitioners are experts committed to providing relief for men of all ages suffering from symptoms of testosterone deficiency. With over 50 years of research, testing and use, we are confident and passionate about the safety and benefits of testosterone replacement pellet therapy. Our staff and their families receive pellet therapy and enjoy the benefits, because pellets are the superior method of testosterone replacement.

### RESULTS OF PELLETTHERAPY:

- Better Sleep •
- Clearer Thinking •
- More Energy in General •
- Increase in Libido •
- Weight loss •
- More muscle mass •
- Improved erectile function •
- Happier Mood/Less Irritable •



MEN'S  
CONTEMPORARY  
HEALTH CENTER

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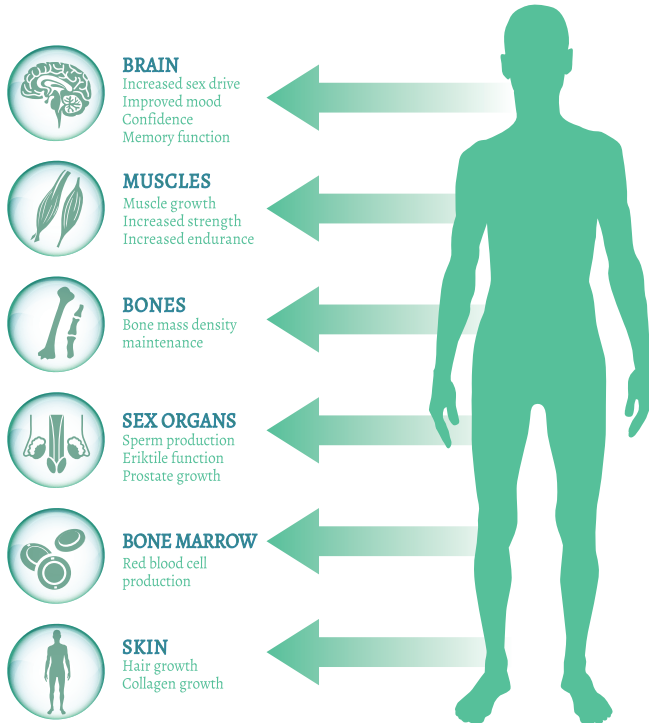


# RELIEVE

## IMPORTANCE OF TESTOSTERONE

Testosterone is vital to the health and well-being of men. Testosterone contributes to muscle mass, strength and endurance, decreased fat, increased exercise tolerance, enhancement of the sense of well-being, sexual and erectile function, and psychological health. Testosterone also protects against cardiovascular disease and reduces cholesterol.

## THE EFFECTS OF TESTOSTERONE



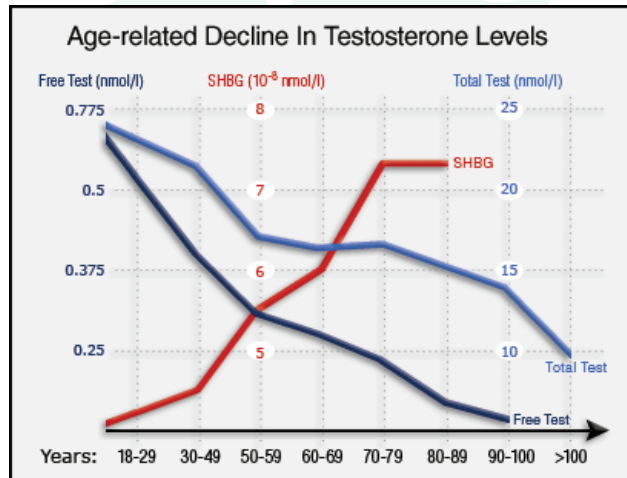
# RESTORE

## DECLINING HORMONES

As all men age, testosterone levels drop. Men may begin to experience the effects of declining testosterone levels, Andropause. Starting around age 35 to 40, Total Testosterone levels in men will decline by around 1% each year. Decrease in production causes testosterone deficiency. Furthering the deficiency, an increase in Sex Hormone-Binding Globulin (SHBG) that binds to testosterone and prevents what little is produced from becoming active. Now, only the "Free" testosterone is biologically active. But, the drop in Free testosterone is even higher, roughly 1.2% a year.

### Symptoms of Andropause

**Decreased Energy, Motivation, & Work Performance**  
**Muscle Loss & Strength Decline** · **Aching Joints**  
**Decreased Libido** · **Difficulty Achieving Orgasm**  
**Erectile Dysfunction** · **Depression** · **Insomnia/Sleep problems** · **Difficulty Remembering Things** · **Fat Gain**  
**Irritability** · **Height Loss** · **Waning Bone Density**



# REVITALIZE

At Men's Contemporary Health Center, we are committed to providing relief for men suffering from symptoms of Andropause, or testosterone deficiency. Through the use of our **Testosterone Pellet Therapy**, we are able to enhance vitality, restore more youthful functioning, and improve quality of life in our patients.

### TESTOSTERONE PELLETT THERAPY

Of all the testosterone replacement methods available, Pellet Therapy is by far the superior method of replacement. Pellets are comprised of molecularly identical testosterone, derived from vegetable products, and are painlessly inserted in minutes into fatty tissue on the hip. Then, the pellets release testosterone directly into the bloodstream, avoiding the liver and the first pass effect. Because they are time-released, pellets provide continuous availability of testosterone, the way the body used to naturally, without unhealthy spikes and dips experienced with shots and pills.

### SAFER . MORE EFFECTIVE . RELIABLE . EASIER

Pellet Therapy provides relief from symptoms conveniently, safely, reliably, and quickly. Treatment is entirely customized. Dosage will vary from man to man based upon your individual symptoms and testosterone levels. Pellets need to be inserted just every 5-6 months for men. If you are experiencing any symptoms, have suffered side effects from shots or other methods, were left discouraged after treatment and expense elsewhere, or are just tired of suffering, pellet therapy will restore YOU!

**SCHEDULE TODAY, FEEL MORE LIKE YOURSELF AGAIN FAST!**